

Aikido Seminar

Bernice Tom Shihan, 7. Dan Aikikai

27. – 29. März 2026, Ennetbaden, Switzerland



Bernice Tom Shihan

Chief Instructor, Sunset Cliffs Aikido,
San Diego USA

www.sunsetcliffsaikido.com

Bernice Tom began Aikido in 1974. From 1976 to 2002 she made more than ten visits to Iwama, Japan, to study with Saito Morihiro Shihan, including living in Iwama for four years. She began teaching at Sunset Cliffs Aikido in 1985 and became Chief Instructor in 1990. From 1988 to 1995 Tom Sensei hosted Saito Shihan annually.

Bernice Tom Sensei holds the Menkyo Kaiden in Aiki Ken and Aiki Jo. For the past five decades, she has dedicated herself to the dissemination of Aikido and makes every effort to pass the Iwama System to her students as it was passed down by Saito Shihan.

We are happy to welcome Bernice Tom Shihan for the 13th time in our dojo Aikido Ennetbaden.

Programm

Freitag	19.00 – 20.30 Uhr
Samstag	10.00 – 12.00 Uhr 14.30 – 16.30 Uhr 18.00 Uhr Nachtessen
Sonntag	10.00 – 12.00 Uhr

Schedule

Friday	7pm – 8.30pm
Saturday	10am – 12pm 2.30pm – 4.30pm 6pm Dinnerparty
Sunday	10am – 12pm

Kosten / Fee CHF 100.— (für Ermässigung bitte Kontakt aufnehmen / for discount please contact us)

Anmeldung / Registration dojo@aikido-ennetbaden.ch

Bitte Jo und Bokken mitbringen. Versicherung ist Sache der Teilnehmenden.

Please bring your own Jo and Bokken. Insurance is the participants' responsibility.

Es ist möglich, im Dojo auf der Matte zu übernachten. Private Unterkunft ist in begrenzter Anzahl auf Anfrage verfügbar. Jugendherberge: www.youthhostel.ch/de/hostels/baden/

It is possible to sleep on the mat. Private accommodation is available in limited numbers on request.
Youth hostel: www.youthhostel.ch/en/hostels/baden/